

Prevention & Training

1. 988 The National Crisis line-A free support service that individuals call or text 988 to receive support during a crisis.
 - a. Deaf, Hard of Hearing, Hearing Loss-ASL is available
<https://988lifeline.org/deaf-hard-of-hearing-hearing-loss/>
 - b. Spanish Options Available- <https://988lifeline.org/es/inicio/>
 - c. Veterans and Service Members- (dial 988 then press 1)
<https://www.veteranscrisisline.net/>
2. Talk Saves Lives Training from AFSP (American Foundation for Suicide Prevention)
ONLINE, FREE training that provides individuals with an overview of suicide prevention, postvention and how to feel comfortable inquiring if someone is considering suicide.
 - a. <https://afsp.org/talk-saves-lives/>
3. QPR training (Question, Persuade, Refer)
 - a. <https://jordanelizabethharrisfoundation.org/trainings#trainingdescriptions>

Suicide Loss Postvention Resources

1. AFSP (American Foundation for Suicide Prevention) Healing Conversations- Suicide Loss survivors can request for a one time visit from trained volunteers to share their story, ask questions, receive resources, and build community.
 - a. <https://afsp.org/healing-conversations/>
2. Healing After Suicide-Provides a free 8 week closed group led by a clinician and suicide loss survivor facilitator. Virtual and in person options are available. The group follows research based curriculum for Suicide loss bereavement.
3. LOSS (Local Outreach to Suicide Survivors) of Tarrant County-provides resources and postvention services to Survivors.
 - a. <https://mhmtarrant.org/local-outreach-to-suicide-survivors-loss/>

Rural Communities

1. A resource for individuals who live in rural areas. They provide training and mental health services to those in agriculture/farming
 - a. <https://www.agrisafe.org/>

Churches

1. Implement SAFE Messaging regarding
 - a. <https://afsp.org/how-to-talk-safely-about-suicide/>
2. Soul Shop- Suicide prevention training for community faith leaders (youth leaders, diverse community leaders)
 - a. <https://www.soulshopmovement.org/>

Clinicians

1. Coalition of Clinician Survivors-Email chain that provides support, education, resources, and consultation to mental health professionals and other professional caregivers across the globe who have experienced suicide losses in personal and/or professional contexts.
 - a. ClinicianSurvivor.org

Parents

1. LOSS (Local Outreach to Suicide Survivors) of Tarrant County-provides resources and postvention services to Survivors. They offer a monthly support meeting for survivors.
 - a. **Survivors of Suicide Group Details**
Meets on the 1st Tuesday of every month
Time – 7:00-8:30pm
Location – 3136 W 4th Street, Ft Worth, TX 76107
 - b. <https://mhmtarrant.org/local-outreach-to-suicide-survivors-loss/>
2. A Memory Grows-Non-profit that provides retreats for parents who are grieving a child.
 - a. <https://amemorygrows.org/>
3. Carson's Village-Provides resources, guidance, funeral planning at no cost for those who have lost a loved one to suicide.
 - a. <https://carsonsvillage.org/>
 - b. There are TONS of helpful resources under the resource tab on their website

Teens

1. Jordan Elizabeth Harris Foundation-Provide QPR training, work alongside schools to ensure students have access to mental health resources, and much more.
 - a. <https://jordanelizabethharrisfoundation.org/>

Children

1. The Warm Place-Offers grief support groups, Camp remember me, family nights, and community outreach.
 - a. <https://www.thewarmplace.org/>

Yearly Events

1. Texas Suicide Prevention Symposium-A yearly two day event for healthcare and mental health professionals to discuss the current landscape of suicide prevention/postvention research.
 - a. <https://texassuicideprevention.org/>
2. Out of the Darkness Walk AFSP-A yearly walk raising awareness and funds for suicide prevention, postvention research/resources
 - a. <https://afspwalks.donordrive.com/DFW>
3. International Survivors of Suicide Loss Day-It is an international day of remembrance for Survivors to gather together online and in person to remember their loved one. It is held every year the day before Thanksgiving. AFSP usually will hold an in person one for the DFW area.
 - a. <https://afsp.org/international-survivors-of-suicide-loss-day/>
4. LOSS Team (Tarrant County) provides a Candle Light Remembrance Dinner and meeting the first Tuesday in December for Survivors
 - a. <https://mhmtarrant.org/local-outreach-to-suicide-survivors-loss/>